

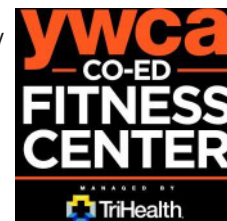
Weekend Guest Pass info

Do You Need A Weekend Workout?

We are proud to announce guest pass privileges for **MEMBERS** of the P&G Fitness Centers to the **TriHealth Fitness & Health Pavilion** and the **YWCA of Greater Cincinnati** at a savings of **20-50%** off normal guest fees.

For more details, or to obtain authorization stop by a P&G Fitness Center.

TriHealth Pavilion		TriHealth YWCA	
Phone	513-985-0900 x 120	Phone	513-361-2116
Address	6200 Pfeiffer Rd. Cincinnati, Ohio 45242	Address	898 Walnut St Cincinnati, Ohio 45202
Weekend Hours*	Saturday 7am to 7pm Sunday 7am to 6pm *hours subject to change *call for special holiday hours	Weekend Hours*	Saturday 9am to 5pm Sunday Closed *hours subject to change *call for special holiday hours
Web Site	www.trihealthpavilion.com	Web Site	www.ywca.org/cincinnati
Amenities:	<ul style="list-style-type: none">• State of the art cardiovascular equipment• 25 meter 6 lane lap pool• Warm water therapy pool• Group & Aquatic exercise classes• Extensive free weight training area• Variety of selectorized resistance training equipment• Cushioned indoor 1/8 mile running/walking track• 1/2 mile outdoor walk/bike trail• 2 aerobic studios• Outdoor leisure pool and sun deck• Deluxe men's and women's locker room and all amenities including whirlpool• Day spa• Basketball courts/Sports Arena• Café• Kids Life Center	Amenities:	<ul style="list-style-type: none">• Co-ed fitness center• State of the art cardiovascular exercise equipment• 25 yard 4 lane lap pool• Group exercise classes• Whirlpool, dry-heat sauna and lounge area• Indoor rubberized track• Full-court gym• Personal training services• Massage therapy• Locker rental• Complimentary towel and laundry service



Vibrant Living
Fitness Center
Work us in... We'll work you out